

## SPEAKING WEEK: TOPICS FOR SELF-TALK

- Monday: **Talk about yourself:** Who are you, how old, where from, what do you do, talk about your family, your hobbies, why you are learning this language, what you did last weekend, what are your plans for tomorrow, ...
- Tuesday: **The last good movie I saw:** Think about one good movie which you saw recently (or even not that good :) ) and tell your imaginary friend all about it: What was it about, what was the main plot, who was the character, what happened at the end, why you liked it (or didn't like it), what was the best scene, what was surprising, what was disappointing, what similar movies you have seen to this one.
- Wednesday: **My last three pictures:** Take out your smartphone, open the Gallery with pictures you have taken recently and explain to you imaginary friend, who is in the picture, what they look like, what they are doing, and explain more about the situation in the picture: where was it taken, why, by whom, what happened shortly before the picture and shortly after it, how you felt about the situation, etc. Make sure you choose three different pictures, not three versions of your selfie! :)
- Thursday: **Retell a good podcast episode or a TED talk:** If you took part in our challenge three weeks ago, you have listened to a few podcasts or TED talks. Tell your imaginary friend about one that got you interested. If you need to quickly listen to the podcast again, or read the script of the TED talk, do it as your preparation for the self-talk, and then retell it. Try to use as much vocabulary from the talk as you can.
- Friday: **My language learning:** Tell your imaginary friend how you've been learning your foreign language: what you have tried so far, what worked and didn't work, what materials you've used, what you have enjoyed most and what was rather boring, what you have tried in this #learn20minaday challenge, how you want to continue learning in the future.
- Saturday: **Topic of my choice No. 1:** Check out the website <http://iteslj.org/questions/> and pick a topic which interests you. Click on it to see a long list of questions about that topic. Go one by one, feel free to leave out any questions you don't like or understand and make sure you keep talking for at least 10 minutes.
- Sunday: **Topic of my choice No. 2:** Go back to <http://iteslj.org/questions/> and pick another topic. If you like the website, you have material for your self-talk for almost a year! :)